






August Lunch Menu

WELCOME BACK



	 MONDAY	 TUESDAY	 WEDNESDAY	 THURSDAY	 FRIDAY
	AUGUST 26	AUGUST 27	AUGUST 28	AUGUST 29	AUGUST 30
MAIN COURSE	Chicken Burrito	Roasted Beef with Mushroom Sauce	Fish Burger	Chicken Adobo	Pepperoni Pizza
ALLERGEN INFORMATION	G, D, L	G, D	G, S, E	L	G, D
STAPLE FOOD	Mexican Rice	Mashed Potato	Macaroni Salad with Carrot, Corn & Peas	Brown Rice	Cucumber & Egg Sushi Roll
ALLERGEN INFORMATION		D	G, E, L		E
VEGETABLES	Sauteed Spinach	Sautéed Broccoli	Sauteed Carrot & Zucchini	Stir-Fried Chinese Green Vegetable	Cucumber & Cherry Tomato Salad
ALLERGEN INFORMATION	D				
VEGETARIAN DISH (on request)	Beans & Vegetable Burrito	Roasted Vegetable & Tofu with Mushroom Sauce	Vegetarian Burger	Tofu Adobo	Spinach Mushroom Pizza
ALLERGEN INFORMATION	G, D, L	G, L, D	G, L	L	G, D
SIDE DISH	Egg		Egg		Egg
DRINKS	Milk	Milk, Yogurt	Milk	Milk, Yogurt	Milk
FRUITS	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits

ALLERGY CONTENT: (D) DAIRY (E) EGG (G) GLUTEN (L) LEGUMES (N) NUTS (S) SEAFOOD