

DRAGON BULLETIN

SCIS Mission: To develop inquiring, knowledgeable and caring learners who contribute positively to their communities.

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Important Dates

Feb. 4-8 Chinese New Year Holiday

Feb 20 Love & Logic Parent Course Begins

March 1, 2 ACAMIS Leadership Conference on HQ-Main Campus

March 1 No school for students

March 14 Market Day

Important Contacts

Principal: Kevin Haggith
khaggith@scis-china.org

Vice Principal: Kristie O'Brien
kobrien@scis-china.org

LS Secretary: Lisa Ni & Sarah Jin
hq-ls-secretary@scis-china.org

HQ Campus transportation: hq-transportation@scis-china.org.

Cafeteria:
<https://hq.scis-his.net/content/>



Chinese New Year celebration activities included acrobatics, the dragon dance & arts & crafts!



PAFA CONNECT

PAFA Representatives for Lower

School: Aimee Spahr and Carrie Zhou.

Email them at: pafa-hq-ls@scic-china.org

Lunch and Learn: Wills & Guardianship, Feb 18, 12pm - 1pm

Upper School Plaza

Bring a lunch and learn about how to legally care for your children in China

From Parents to Parents - Share your Talents:

We have an amazing and diverse community here at SCIS. We would like to invite parents to share their talents and passions with other parents. Do you love cooking, art or playing a sport? Consider sharing your time and skills with other parents. If you would like to offer a club for other parents please email Renata, PAFA rep, at pafa-hq-myp1@scis-china.org.

First Parent Club Offering--Qigong and TCM Workshop Series, starting February 18th

This will be our first parent-led offering with Anna, a yoga, tai chi and Qigong teacher, studying for a master in Traditional Chinese Medicine. We welcome you to a series of 4 sessions in which she will share her knowledge and give insight into the way Chinese people take care of their mind and body in a natural way. **See the flyer at the bottom of this newsletter for details.** See you there!

Teacher Appreciation Week (TAW) is approaching, Mar 11-15. PAFA is calling for teacher's lucky draw prize donations. If you're would like to donate, please send an email to pafa-hq-events@scis-china.org Thank you!



February 1, 2019

World Read Aloud

Today the Lower School celebrated World Read Aloud Day with each class celebrating a variety of ways. Some classes had guest readers come in to share their favorite books, some listened to a read aloud from a favorite author and Kindergarten classes visited Grade 1 to hear some first-grade friends read their favorite books aloud.

Reading aloud to your child is *the* most important thing you can do as a parent to promote language and literacy development. A loved quote by children's author, Mem Fox, "When I say to a parent, "read to a child", I don't want it to sound like medicine. I want it to sound like chocolate." But how do we ensure that a read aloud between a parent and child is more like enjoying a piece of chocolate rather than forcing down medicine? Jim Trelease, author of *The Read Aloud Handbook*, offers a few suggestions to make the most of reading aloud with your child.

Dos:

- Read daily
- Start with pictures books with only a few words on the page then gradually move on to books with more and more text and fewer pictures.
- Read books you enjoy yourself.
- Choose books for infants and toddlers that include rhymes, songs, and repetition to stimulate language and listening.
- Associate positive experiences with reading books. E.g. cuddling with dad & mom; individual attention time
- Begin reading to children as soon as possible. The younger you start them, the easier it is.
- Mood is an important factor in listening. The authoritative, "Now stop that and settle down! Sit up straight! Pay attention!" doesn't create a receptive atmosphere.

- When reading a picture book, make sure the children can easily see the pictures.

February 1, 2019

- Preview the book before reading it aloud to your children. This will allow you to know ahead of time if there is any part of the book you want to shorten, eliminate, or elaborate on.

March 1- No School for Students

SCIS will be hosting the ACAMIS Leadership Conference on March 1 and 2. Over 300 school leaders from around China will be attending with featured speakers Will Richardson and David Geurin. There will be no school for students on Friday, March 1 and the facility will be closed.

After School Activities (ASA)

Please make sure that you are on campus to pick up students after ASAs at 4:00pm. Supervision is not available after 4:00pm. Remind your child of what ASA they are signed up for. The expectation at 3:00pm is that your child will go to the ASA each afternoon. Students are not allowed to miss without prior parent consent.

Love and Logic Parent Workshop (6 sessions)

See the attached flyer if you are interested in attending the 6 session parenting course, Love and Logic. It begins Feb 20 and is being held on the HQ-Main campus.

Homeroom Photos

Homeroom photos are available for purchase through Feb 10, 2019!

Digital downloads will still be available after the date above.

Simply go to: www.intlphotography.com

Click on the Order links on the homepage.

Use the password: **scishq0918**

Within the galleries you will find links to your **Class Group Photos & Individual School Photos***.

*New students and any missed photographs or retakes since September 2018. Lower School Galleries are organized by grade and teacher. All online orders will be shipped to your school for distribution. Please provide your full name (name on passport) when prompted on final order page

We welcome you to a **small workshop series** learning the basics and practice of Traditional Chinese Medicine:

TCM in our day to day life





Topics are:

- How can I keep up my energy in day to day life?
- Qigong as a tool to stay healthy
- The meridians and how to practically use this knowledge to balance the body
- Stomach as the energy center
- Our bodies including emotions and our mind as a wholeness to see beyond blood tests
- Common herbs for daily ailments like cold, tiredness and stomach issues

The workshop runs over four sessions of 1h 15 min
 Workshop fee: 300 RMB
 Time: Feb 18, 25. Mar 4, 11. 10 am to 11:15.
 Place: The Plaza
 Taste teas connected to the topics, try qigong movements to use and practice anytime. A handout will be included.
 For sign up and information contact me, Anna Bogachko at wechat/mobile 18516 244700

Anna Bogachko is dedicated Qigong, Taichi and Yoga practitioner. She is doing Acupuncture Master research at Shanghai University of TCM and has M. Sc. in Psychology.

